

## **Certificate Program in Vipassanakammaṭṭhāna (International Program)**

**Dhammaduta College,**

**Mahachulalongkornrajavidyalaya University**

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### **1. Course Title:**

Course Title in English: Certificate Program in Vipassanakammaṭṭhāna (International Program)

### **2. Certificate Title:**

2.1. Certificate Title in English

2.1.1 Full Name: Certificate Program in Vipassanakammaṭṭhāna

2.1.2 Initials Name: Cert. in VK (International Program)

### **3. Responsible Department:**

Dhammaduta College in collaboration with Vipassanadhura Institute, Mahachulalongkornrajavidyalaya University

### **4. Philosophy and Objectives of the Course**

#### **A. Curriculum Philosophy**

Mahachulalongkornrajavidyalaya University is a Buddhist University of Thai Sangha Council and was founded by His Majesty the King Chulalongkorn with the purpose of Tripitaka studies and higher education for monks, novices and general public. The teaching process includes both in theory and practice in the form of holistic integration with the threefold training (Trisikkha) as the axis reflecting the teaching methods of Pariyatti, Patipatti and Pativedha. This is to make students strive to develop themselves, complete with morality and ethics, knowledge and understanding, able to keep up with the changing world, perfect with faith and dedication to Buddhism, in accordance with the doctrine practicing to end suffering. It is stated in the Satipaṭṭhāna Sutta:

Ekāyāno ayambhikkhavemakko sattānaṃ visuddhiyā sokaparidevaṃ samtikamaya dukkhadomanassānaṃatthakamāya Nāyassādhikamāya Nibbānassassajchikaraṇatthāyayaḍḍāṃcattāro

satipatthāna; tran; This is a one-way path, monks, for the purification of beings, for the overcoming of grief and lamentation, for the extinction of pain and sorrow, for attaining the right way, for the direct realization of Nibbana, that is to say, the four ways of attending to mindfulness.

Therefore, as to continue the purpose of His Majesty the King Chulalongkorn of Tipitaka studies and higher education. Including the development of Buddhist personnel to have knowledge and understanding, possess the skills of practicing Vipassana meditation, and able to promulgate the practicing Vipassana meditation to wider society. This Vipassanakammaṭṭhāna certificate level will be running by Dhammaduta College with the Vipassanadhura Institute of Mahachulalongkornrajavidyalaya University.

## **B. Course objectives**

1. To develop Buddhist personnel to have the knowledge and understanding of the principles of Vipassana meditation practice
2. To promote Buddhist personnel to have the skills in practice of Vipassanakammaṭṭhāna
3. To promote Buddhist personnel to be able to promulgate the practice of Vipassanakammaṭṭhāna in society

## **5. Criteria for Teaching**

Any department of the University is willing to open the course may request the teaching project admission as following steps:

- 5.1 Dhammaduta College in collaboration with the Vipassanadhura Institute, another institute and division to teach courses
- 5.2 Request approval to offer courses from the academic council and the university council

## **6. Qualifications of Students**

- 6.1 A monk, novice or a teacher teaching Buddhism who has the qualifications of a third level (Natham Ek) of Dhamma studies
- 6.2 A layperson who has graduated with a third level of Dhamma studies or
- 6.3 A layperson who has completed compulsory state education or equivalent, or
- 6.4. A person who has been approved by the program administration committee to study as a special case

## 7. Educational System

It is a Bi-semester credit system being used in this certificate; an educational year is divided into two regular semesters and one practical semester, ie.

7.1 First semester has a study period of no less than 15 weeks.

7.2 Second semester has a study period of no less than 15 weeks.

7.3 Practical semester has a period of practicing Vipassanakammaṭṭhāna for three consecutive months.

## 8. Study Period

The duration of study for the entire program is one year and three months of practical part. The study period must not be less than two regular semesters but not more than four regular semesters.

## 9. Registration for Classes

Registration is required for courses in the first semester of not less than 10 credits and in the second semester of not less than 10 credits. As for courses registered without counting credits, it depends on the appropriateness of each place's teaching plan.

## 10. Evaluation and Graduation

Conforms to Mahachulalongkornrajavidyalaya University regulations concerning bachelor's degree by general criteria are:

10.1 There must be an academic evaluation for all subject which students have registered in each semester

10.2 There must be no less than 80 percent of total study time for each subject registered in that semester, in order to have the right to take the exam in that subject.

10.3 Each subject will be evaluated in grade and grade point and the lowest passed score is level

D as follows:

Study results	level	level value
Excellent	A	4.0
Very Good	B+	3.5

Good	B	3.0
Fair	C+	2.5
Fair	C	2.0
Quite Fair	D+	1.5
Poor	D	1.0
Failed	F	0

#### **10.4 Evaluation of Vipassanakammaṭṭhāna Practicing Courses**

The evaluation of Vipassana meditation practice conforms to the University's criteria for Vipassanakammaṭṭhāna measurement, with the approval of the Vipassana instructor.

#### **10.5 Graduates Qualifications:**

- A. Receive all accumulated credits for the program in a period not exceeding two times the study time according to the program and have a cumulative average grade point not less than 2.00
- B. Pass the practice of Vipassanakammaṭṭhāna as specified by the university.
- C. Not being punished by the university regulations.
- D. No other obligations with the university

#### **10.6 Graduates have the right to continue their studies the bachelor's degree level at**

Mahachulalongkornrajavidyalaya University in the fields of study specified by the university. However, a cumulative average grade point must not less than 2.5.

## 11. Course Structure

The structure of this certificate course has 24 credits:

Subject	Credit
1. Compulsory subjects	18
2. Elective subjects	6
Together	24

### 11.1 Group of Compulsory Subjects 18 Credits, as Follows:

VK 001 Kammatthana in the Pali Tipitaka 3 (3-0-6)

VK 002 Kammatthana in the Visuddhimagga and the Vimuttimagga 3 (3-0-6)

VK 003 Vipassana Kammatthana based on Satipatthana 3 (3-0-6)

VK 004 Pali & English for Vipassana Kammatthana Teaching 3 (3-3-6)

VK 005 Vipassana Kammatthana Practice 3 (3-3-6)

VK 006 Technique for Vipassana Kammatthana Practice Interview 3 (3-3-6)

### 11.2 Group of Elective Subjects, 6 Credits

VK 007 Paramatthadhamma and Solasañana 3 (3-0-6)

VK 008 Zen Meditation 3 (3-0-6)

VK 009 Lives and Works of Meditation Masters 3 (3-0-6)

VK 010 Seminar on Vipassana Kammatthana 3 (3-0-6)

## 12 Teaching and Learning Plans

Term	Course code/course	Number of credits
1	<b>Compulsory subjects (9 credits)</b>	
	VK 001 Kammatthāna in the Pali Tipitaka	3
	VK 002 Kammatthāna in the Visuddhimagga and the Vimuttimagga	3
	VK 003 Vipassana Kammatthāna based on Satipaṭṭhana	3
	Elective subjects (3 credits)	3
	<b>Total credits in semester 1</b>	<b>12</b>
Term	Course code/course	Number of credits
2	<b>Compulsory subjects (9 credits)</b>	
	VK 004 Pali & English for Vipassana Kammatthāna Teaching	3
	VK 005 Vipassana Kammatthāna Practice	3
	VK 006 Technique for Vipassana Kammatthāna Practice Interview	3
	<b>Elective subjects (3 credits)</b>	
	Total credits in semester 2	<b>12</b>
	Total credits of all two semesters	<b>24</b>

### 13.1 Group of Compulsory Subjects 18 credits

VK 001 Kammatthāna in the Pali Tipitaka 3 (3-0-3)

Study theory and practice of Kammatthāna as mentioned in the Pali Tipitaka, the classification of the Kammatthāna, brief content Suttas related to the practice of Kammatthāna.

VK 002 Kammatṭhāna in the Visuddhimagga and the Vimuttimagma 3 (3-0-3)

Study theory and practice of Kammatṭhāna as explained and interpreted in the Visuddhimagga and the Vimuttimagma and also compare their contents.

VK 003 Vipassana Kammatṭhāna based on Satipatṭhāna 3 (3-0-3)

Study the value and importance, principles, theories and practices of Vipassana Kammatṭhāna based on Satipatṭhāna especially emphasizing the four foundations of mindfulness.

VK 004 Pali & English for Vipassana Kammatṭhāna Teaching 3 (3-0-3)

Study Pali & English related to Vipassana Kammatṭhāna teaching, principles of using Pali & English, for comprehension and practice Kammatṭhāna.

VK 005 Vipassana Kammatṭhāna Practice 3 (3-6-3)

Vipassana Kammatṭhāna practice related to four foundations of mindfulness.

VK 006 Technique for Vipassana Kammatṭhāna Practice Interview 3 (3-6-3)

Study the technique for Vipassana Kammatṭhāna practice Interview. Guideline to solve problems of Vipassana Kammatṭhāna practice, develop and encourage for Vipassana Kammatṭhāna practice.

### **13.2 Group of Elective Subjects 12 Credits**

VK 007 Paramatthadhamma and Solasañāna 3 (3-0-6)

Study the 4 Paramatthadhammas, namely: mind, mental state, form, and nivana, integrated according to the practice of Vipassana meditation and analyze the outcome arises from the practice of Vipassanā meditation, namely nāmarupa, pariccetaññāna, paccayaparikññāna, sammasanaññā, udayapyaññāna, bhaṅgaññāna, bhayaññā, atīvaññāna nippitāññāna.

Munchitukammayataññānapatisankhāññā Sankhārūbekkhaññāna, anulomaññāna, khotbhuññāna, makkaññāna, phalaññāna and paccavekkhaññāna.

VK 008 Zen Meditation 3 (3-0-6)

Study historical background and technical of Zen Buddhist meditation in the past and present. The core principals of Zen meditation and instruction will also be taught how its influence to Chinese and Japanese and other societies.

VK 009 Lives and Works of Meditation Masters 3 (3-0-6)

Study the methods of meditation of the famous monks of Thailand and ASEAN, both in Samatha meditation and Vipassana meditation, and the important works of meditation in the past.

VK 010 Seminar on Vipassana Kammaṭṭhāna 3 (3-0-6)

Study the format and method of teaching Vipassana including problems and obstacles in teaching Vipassana and by allowing students to present their research and reports for the seminar.

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