

## Certificate Program in Vipassanakammaṭṭhāna (International Program)

Dhammaduta College,

Mahachulalongkornrajavidyalaya University

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### 1. Course Title:

Course Title in English: Certificate Program in Vipassanakammaṭṭhāna (International Program)

### 2. Certificate Title:

#### 2.1. Certificate Title in English

2.1.1 Full Name: Certificate Program in Vipassanakammaṭṭhāna

2.1.2 Initials Name: Cert. in VK (International Program)

### 3. Responsible Department:

Dhammaduta College in collaboration with Vipassanadhura Institute, Mahachulalongkornrajavidyalaya University

### 4. Philosophy and Objectives of the Course

#### A. Curriculum Philosophy

Mahachulalongkornrajavidyalaya University is a Buddhist University of Thai Sangha Council and was founded by His Majesty the King Chulalongkorn with the purpose of Tripitaka studies and higher education for monks, novices and general public. The teaching process includes both in theory and practice in the form of holistic integration with the threefold training (Trisikkha) as the axis reflecting the teaching methods of Pariyatti, Patipatti and Pativedha. This is to make students strive to develop themselves, complete with morality and ethics, knowledge and understanding, able to keep up with the changing world, perfect with faith and dedication to Buddhism, in accordance with the doctrine practicing to end suffering. It is stated in the Satipaṭṭhāna Sutta:

Ekāyāno ayambhikkhavemakko sattānaṃ visuddhiyā sokaparidevaṃ samtikamaya dukkhadomanassānaṃatthakamāya Nāyassādhikamāya

Nibbāṇassassajchikaraṇatthāyayadiṭṭamcattāro satipatthāna; tran; This is a one-way path, monks, for the purification of beings, for the overcoming of grief and lamentation, for the extinction of pain and sorrow, for attaining the right way, for the direct realization of Nibbana, that is to say, the four ways of attending to mindfulness.

Therefore, as to continue the purpose of His Majesty the King Chulalongkorn of Tipitaka studies and higher education. Including the development of Buddhist personnel to have knowledge and understanding, possess the skills of practicing Vipassana meditation, and able to promulgate the practicing Vipassana meditation to wider society. This Vipassanakammaṭṭhāna certificate level will be running by Dhammaduta College with the Vipassanadhura Institute of Mahachulalongkorn rajavidyalaya University.

## **B. Course objectives**

1. To develop Buddhist personnel to have the knowledge and understanding of the principles of Vipassana meditation practice
2. To promote Buddhist personnel to have the skills in practice of Vipassanakammaṭṭhāna
3. To promote Buddhist personnel to be able to promulgate the practice of Vipassanakammaṭṭhāna in society

## **5. Criteria for Teaching**

Any department of the University is willing to open the course may request the teaching project admission as following steps:

5.1 Dhammaduta College in collaboration with the Vipassanadhura Institute, another institute and

division to teach courses

5.2 Request approval to offer courses from the academic council and the university council

## **6. Qualifications of Students**

6.1 A monk, novice who has the qualifications of a third level (Natham Ek) of Dhamma studies and

6.2 who has completed compulsory state education or equivalent, or

6.3 A layperson who has completed compulsory state education or equivalent, or

6.4. A person who has been approved by the program administration committee to study as a special case

## 7. Educational System

It is a Bi-semester credit system being used in this certificate; an educational year is divided into

two regular semesters and one practical semester, ie.

7.1 First semester has a study period of no less than 15 weeks.

7.2 Second semester has a study period of no less than 15 weeks.

7.3 Practical semester has a period of practicing Vipassanakammatthāna for three consecutives

months.

## 8. Study Period

The duration of study for the entire program is one year and three months of practical part. The study period must not be less than two regular semesters but not more than four regular semesters.

## 9. Registration for Classes

Registration is required for courses in the first semester of not less than 10 credits and in the second semester of not less than 10 credits. As for courses registered without counting credits, it depends on the appropriateness of each place's teaching plan.

## 10. Evaluation and Graduation

Conforms to Mahachulalongkornrajavidyalaya University regulations concerning bachelor's degree by general criteria are:

10.1 There must be an academic evaluation for all subject which students have registered in

each semester

10.2 There must be no less than 80 percent of total study time for each subject registered in that

semester, in order to have the right to take the exam in that subject.

10.3 Each subject will be evaluated in grade and grade point and the lowest passed score is level

as follows:

Study results	level	level value
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Excellent	A	4.0
Very Good	B+	3.5
Good	B	3.0
Fair	C+	2.5
Fair	C	2.0
Quite Fair	D+	1.5
Poor	D	1.0
Failed	F	0

#### 10.4 Evaluation of Vipassanakammaṭṭhāna Practicing Courses

The evaluation of Vipassana meditation practice conforms to the University's criteria for Vipassanakammaṭṭhāna measurement, with the approval of the Vipassana instructor.

#### 10.5 Graduates Qualifications:

A. Receive all accumulated credits for the program in a period not exceeding two times the study

time according to the program and have a cumulative average grade point not less than 2.00

B. Pass the practice of Vipassanakammaṭṭhāna as specified by the university.

C. Not being punished by the university regulations.

D. No other obligations with the university

10.6 Graduates have the right to continue their studies the bachelor's degree level at

Mahachulalongkornrajavidyalaya University in the fields of study specified by the university.

However, a cumulative average grade point must not less than 2.5.

## 11. Course Structure

The structure of this certificate course has 24 credits:

Subject	Credit
1. Compulsory subjects	24
2. Elective subjects	6
Together	30

### 11.1 Group of Compulsory Subjects 24 Credits, as Follows:

VK.101 Kammatthana in the Pali Tipitaka 3 (3-0-6)

VK.102 Kammatthana in the Visuddhimagga and the Vimuttimagga 3 (3-0-6)

VK.103 Vipassana Kammatthana based on Satipatthana 3 (3-0-6)

VK.104 Pali & English for Vipassana Kammatthana Teaching 3 (3-3-6)

VK.205 Ethics for Vipassana Master 3 (3-0-6)

VK.206 Vipassana Kammatthana Practice 3 (3-3-6)

VK.207 Technique for Vipassana Kammatthana Practice Interview 3 (3-3-6)

VK.208 Advance English for teaching Vipassanakammatthana 3 (3-0-6)

### 11.2 Group of Elective Subjects 6 Credits, as follows:

VK.109 Paramatthadhamma and Solasañana 3 (3-0-6)

VK.110 Zen Meditation 3 (3-0-6)

VK.211 Lives and Works of Meditation Masters 3 (3-0-6)

VK.212 Seminar on Vipassana Kammatthana 3 (3-0-6)

## 12 Teaching and Learning Plans

Term	Course code/course	Number of credits
1	<b>Compulsory subjects (9 credits)</b>	
	VK 101 Kammatṭhāna in the Pali Tipitaka	3 (3-0-6)
	VK 102 Kammatṭhāna in the Visuddhimagga and the Vimuttimagga	3 (3-0-6)
	VK 103 Vipassana Kammatṭhāna based on Satipaṭṭhana	3 (3-0-6)
	VK.104 Pali & English for Vipassana Kammatṭhāna Teaching	3 (3-3-6)
	<b>Elective subjects (3 credits)</b>	
	VK.109 Paramatthadhamma and Solasañāna	3 (3-0-6)
VK. 110 Zen Meditation	3 (3-0-6)	
	<b>Total credits in semester 1</b>	<b>15</b>
Term	Course code/course	Number of credits
2	<b>Compulsory subjects (9 credits)</b>	
	VK 205 Ethics for Vipassana Master	3 (3-0-6)
	VK 206 Vipassana Kammatṭhāna Practice	3 (3-3-6)
	VK.207 Technique for Vipassana Kammatṭhāna Practice Interview	3 (3-3-6)
	VK.208 Advance English for teaching Vipassanakammatṭhāna	3 (3-0-6)
	<b>Elective subjects (3 credits)</b>	
	VK.211 Lives and Works of Meditation Masters	3 (3-0-6)
VK.212 Seminar on Vipassana Kammatṭhāna	3 (3-0-6)	
	<b>Total credits in semester 2</b>	<b>15</b>
	<b>Total credits of all two semesters</b>	<b>24</b>

### **13.1 Group of Compulsory Subjects 18 credits**

#### **VK.101 Kammatthana in the Pali Tipitaka 3 (3-0-3)**

Study theory and practice of Kammatthāna as mentioned in the Pali Tipitaka, the classification of the Kammatthāna, brief content Suttas related to the practice of Kammatthāna.

#### **VK.102 Kammatthana in the Visuddhimagga and the Vimuttimagga 3 (3-0-3)**

Study theory and practice of Kammatthāna as explained and interpreted in the Visuddhimagga and the Vimuttimagga and also compare their contents.

#### **VK.103 Vipassana Kammatthāna based on Satipaṭṭhana 3 (3-0-3)**

Study the value and importance, principles, theories and practices of Vipassana Kammatthāna based on Satipaṭṭhāna especially emphasizing the four foundations of mindfulness.

#### **VK.104 Pali & English for Vipassana Kammatthāna Teaching 3 (3-0-3)**

Study Pali & English related to Vipassana Kammatthāna teaching, principles of using Pali & English, for comprehension and practice Kammatthāna.

#### **VK.205 Ethics for Vipassana Master 3 (3-0-3)**

To study the fundamental knowledge in becoming the Vipassana Master, type of Vipassana Master, achievement factors, principles and methods in the practical section by focusing on the study of humanity and social ethics, moral and behavior rules or the practical methods leading to achievement.

#### **VK 206 Vipassana Kammatthāna Practice 3 (3-3-6)**

Vipassana Kammatthāna practice related to four foundations of mindfulness.

#### **VK 207 Technique for Vipassana Kammatthāna Practice Interview 3 (3-3-6)**

Study the technique for Vipassana Kammatthāna practice Interview. Guideline to solve problems of Vipassana Kammatthāna practice, develop and encourage for Vipassana Kammatthāna practice.

### VK.208 Advance English for teaching Vipassanakammatṭhāna 3 (3-0-3)

To study the general knowledge about the meditation practice, principles and methods in practicing and also the exercise in translation, introductory practice of meditation in Buddhism by aiming at the knowledge integration of Buddhism terminology and advanced level of meditation to apply with the modern world.

## **13.2 Group of Elective Subjects 12 Credits**

### VK.109 Paramatthadhamma and Solasañāna 3 (3-0-6)

Study the 4 Paramatthadhammas, namely: mind, mental state, form, and nivana, integrated according to the practice of Vipassana meditation and analyze the outcome arises from the practice of Vipassanā meditation, namely nāmarūpa, pariccetaññāna, paccayaparikkhāna, sammāsanaññā, udayapyāññāna, bhaṅgaññāna, bhayaññā, atīvaññāna nippitāññāna. Mūchitukammayataññānapatisankhāññā Sankhārūbekkhaññāna, anulomaññāna, khotbhuññāna, makkaññāna, phalaññāna and paccavekkhaññāna.

### VK.110 Zen Meditation 3 (3-0-6)

Study historical background and technical of Zen Buddhist meditation in the past and present. The core principals of Zen meditation and instruction will also be taught how its influence to Chinese and Japanese and other societies.

### VK211 Lives and Works of Meditation Masters 3 (3-0-6)

Study the methods of meditation of the famous monks of Thailand and ASEAN, both in Samatha meditation and Vipassana meditation, and the important works of meditation in the past.

### VK.212 Seminar on Vipassana Kammatṭhāna 3 (3-0-6)

Study the format and method of teaching Vipassana including problems and obstacles in teaching Vipassana and by allowing students to present their research and reports for the seminar.

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